



Manchester Royal Eye Hospital

Laser Treatment

Information For Patients



INVESTOR IN PEOPLE



POSITIVE ABOUT
DISABLED PEOPLE

What is a laser?

A laser is a highly concentrated beam of light, which is capable of generating enough heat to produce a reaction in the tissues of the eye. Laser treatment is used to treat a variety of eye disorders.

- You will receive an appointment letter to tell you to attend for your laser treatment as an outpatient. The laser clinic is situated in modules C and D on the ground floor of the Manchester Royal Eye Hospital. When you arrive at the reception desk please hand in your appointment letter so that the clerical officer knows you have arrived.

What happens in the laser clinic?

The nurse will check your vision and put eye drops in to dilate your pupil (the black part of your eye) if they are required. Before the start of the laser treatment the doctor will examine your eyes and explain to you why you need to have laser treatment. During this time you will be able to ask any questions you might have. When the doctor is ready to start the laser treatment, you will have some local anaesthetic drops put into your eye. The anaesthetic drops will sting slightly. The doctor will then place a contact lens on to the front of your eye. This will not be painful, but may feel a little bit strange.

What happens during the laser treatment?

When the laser is in operation you will be aware of flashing lights and clicking noises. This is all quite normal. Most patients feel no discomfort at all,

however, should you experience any discomfort it is important that you do not pull away from the laser but inform the doctor, by an agreed signal.

- It is important that you listen carefully to the doctor's instructions as you may be asked to look in certain directions. The laser beam is directed very accurately and your co-operation is essential.

Are there any side effects?

Following the laser treatment you will find that your vision is 'dazzled' and blurred, this lasts for a few hours. It is therefore advisable that you do not drive yourself to the hospital. It is advisable to wear sunglasses to protect you from the glare of the daylight when travelling home.

Before leaving the clinic you will be given an outpatient appointment to attend for a follow up or further laser treatment.

If you have any questions with regard to laser treatment or anything contained within this information leaflet, please do not hesitate to contact a member of staff on 0161 276 5543 Monday – Friday 8.00 am – 5.00 pm. If you are unable to contact staff on this number please phone Ward 55 on 0161 276 5512 available 24 hours everyday.

NB. It is important that you take any tablets or medicine as normal, and to eat and drink as normal on the day of your appointment. Please remember to bring all your medication, or a list of your current medication with you.

Larger print

Please ask a member of the department staff if you require this information in large print or Braille.

No Smoking Policy

The NHS has a responsibility for the nation's health.

Protect yourself, patients, visitors and staff by adhering to our no smoking policy. Smoking is not permitted within any of our hospital buildings or grounds.

The Manchester Stop Smoking Service can be contacted on Tel: (0161) 205 5998
(www.stopsmokingmanchester.co.uk).

Translation and Interpretation Service

Do you have difficulty speaking or understanding English?

আপনি কি ইংরেজীতে বুঝতে কিংবা বুঝাতে পেরেছেন ? (BENGALI)

क्या आपको अंग्रेजी बोलने या समझने में कठिनाई है ? (HINDI)

તમે ભાષા કારણે વાતચીત કરવામાં મુશ્કેલી આવે છે ? (GUJARATI)

ਕਿ ਤੁਹਾਨੂੰ ਅੰਗ੍ਰੇਜ਼ੀ ਬੋਲਣ ਜਾਂ ਸਮਝਣ ਵਿਚ ਦਿਕਤ ਹੈ ? (PUNJABI)

Miyey ku adagtahay inaad ku hadasho Ingriisida aad sahamto (SOMALI)

هل لديك مشاكل في فهم اوالتكلم باللغة الانجليزية ؟ (ARABIC)

你有困難講英語或明白英語嗎？ (CANTONESE)

کیا آپکو انگریزی سمجھنے اور سمجھانے میں دقت پیش آتی ہے؟ (URDU)

☎ 0161 276 6202/6342

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